

Insight Meditation Center and Insight Retreat Center present

Family Day: Community Service at Insight Retreat Center



Sunday, September 11th

3:30- 5:30 p.m.

RSVP to Liz Powell eapowell@aol.com
(and complete required permission forms)

Carpooling essential: depart from IMC at 2:30 p.m.

Children and teens are invited to a fun day outdoors as we help to create the gardens and walking paths at the new retreat center.
Parents / guardians will support the gardening teams.

We will have a pizza party at 5:00pm in gratitude for our gardeners!